

What should I already know?

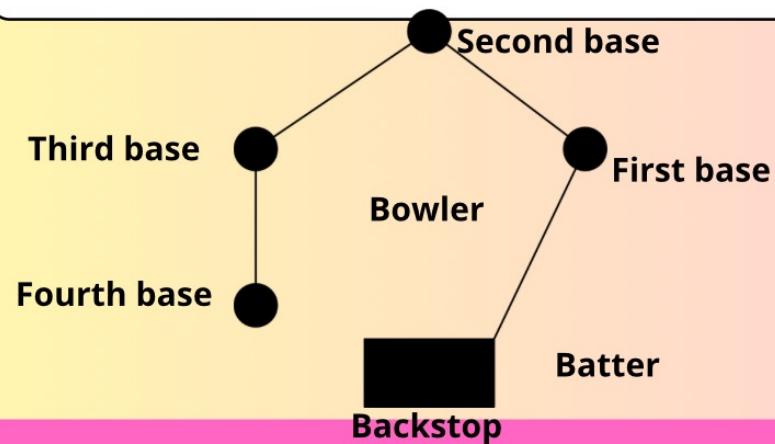
- Show control, coordination and consistency when throwing and catching a ball.
- Hit a ball accurately towards a target.
- Take up spaces/positions to make it difficult for the opposition.
- Communicate collaborate and compete with others.

Gems of Knowledge**Procedural Knowledge**

- Develop control and technique when performing at speed.
- Hit the ball with purpose at various speeds and heights.
- Show good awareness of others and employ techniques to get more rounders.
- Begin to bowl at different speeds.

**Declarative Knowledge**

- Choose skills and tactics to meet the needs of the situation.
- Watch and evaluate the success of a game.
- Explain why a performance is good.
- Understand how physical activity can contribute to a healthy lifestyle.

**Vocabulary****FOCUS -**

Bowling, fielding and batting
Develop Technique and control

Coordination

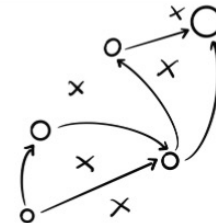
Using more than one part of the body at once to perform an action.

**Consistency -**

Performing at your best every time.

**Tactics -**

Decision and actions take to ensure success for your team.

**Intercept -**

Stopping the ball from travelling further.

**Receive -**

Catching or stopping a ball.

**Endurance -**

Being able to continue despite feeling tired.

