

What should I already know?

- Develop skills relevant to games.
- Develop striking and catching skills.
- Pass a ball with control and at different speeds.
- Develop problem solving and decision making skills.
- Being to understand the importance of warming up.
- Describe what you or others have done.

Gems of Knowledge



Procedural Knowledge

- Improve consistency when catching a ball at different heights.
- Show control when moving at speed.
- Move the ball in different ways with increasing accuracy and control.
- Use a range of tactics to win games.

Declarative knowledge

- Understand how finding space can help achieve success in game situations.
- Begin understand why you get hotter when carrying out exercise.
- Explain what success you have seen in games.
- Identify what you do best and what you find difficult.

How to play:

If a player is hit below the waist by the opposing team, that player is out.

If a player catches the ball on the full, the player who threw the ball is out of the game.

Players must remain in the court but may leave to collect a ball.

The first team to have all of the opposition eliminated is the winner.



Vocabulary

FOCUS -
Collaborate with each other
Aiming and Dodging.

<p>Consistency - Doing something again and again.</p>		<p>Strike - Releasing the ball/object.</p>	
<p>Accuracy - Getting the ball to where you want it to go.</p>		<p>Duck - Drop your body to the ground to stop the ball hitting you.</p>	
<p>Dodge - Move away from the ball, not letting it touch you.</p>		<p>Serve - the first release of the ball in a game.</p>	