PE

Y34 Cycle A - Spring 2

Be the Teacher!

What should I already know?

- . The importance of safe practice when taking part in physical activity.
- Communication and teamwork skills.
- Know how I can develop my stamina.
- Watch others and think about how I can improve my skills.

Gems of Knowledge

Procedural Knowledge -

- Apply previously taught skills to game situations.
- Lead others and follow instructions.
- Start to apply tactics to achieve success.

Declarative Knowledge -

- The importance of communication with others.
- The importance of safe practice and how this links to warm ups and cool downs.
- Evaluate how successful I was and make changes to get better.

<u>Legendary Leaders</u>:

Kobe Bryant



Harry Kane



Leah Williamson



<u>Vocabulary</u>

FOCUS -

- Active listening skills.
- Enjoy communicating with each other.

Tactics -

Carefully planning your actions to achieve success.



Evaluate -

Consider the strengths and improvement points in your performance.



Leadership -

Guiding and organising your teammates in a fair way.



Communicate

- Talk and listen to my teammates.



Apply - Use the skills I already have in new situations.



Endurance

Carrying on even when things get hard.

