PE

Y5/6 Cycle A - Spring I

Dance

What should I already know?

- Explore and practice movement ideas by a given stimulus.
- · Combine movements fluently and effectively.
- · Perform a range of movements with a sense of rhythm.
- Create dance phrases and structures.
- · Show expressive qualities.
- · Explain how your body reacts to different movements,

Gems of Knowledge

Procedural Knowledge

- . Move in a way that reflects the music.
- · Perform in both canon and unison with clarity and confidence.
- · Improvise movement ideas fluently and effectively.
- · Perform movements to an audience with rhythm and confidence.

Declarative knowledge

- Share ideas in small groups. Work together to create a routine which includes different elements.
- · Use your imagination to develop dances and show expressive qualities.

What song are we dancing to?



FOCUS -

Performance using a range of formations.

Question and

Vocabulary

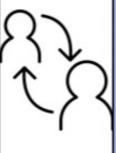
Answer -

Responding to someone's movement (question) with another (answer).



Canon -Taking it in turns to perform a movement. EG the Mexican

wave!



Rehearse -

Practice and refine your routines, always looking to uplevel and improve.



<u>Unison -</u> Performing

actions at the same time.



Choreography -

The sequence of steps and movements in a dance routine.



Pace - Keeping time with the beat and tempo of the music.

