

What should I already know?

- Explore and create narratives in response to a stimulus.
- Show control, accuracy and fluency of movements.
- Develop dances using unison, canon, repetition, action and reaction and question and answer.
- Communicate what you want through your dances.
- Collaborate with others.

Gems of Knowledge



Procedural Knowledge

- Explore and create characters in response to stimuli.
- Perform a range of movement patterns with control, accuracy and fluency.
- Use different compositional ideas incorporating unison, canon and action and reaction.
- Experiment with a wide range of actions, varying speed and tension.

Declarative knowledge

- Be able to describe your own dances.
- Consider what I could improve on.
- Understand the link between heart rate and breathing when exercising.

What song are we dancing to?



Vocabulary

FOCUS - Varied movement patterns

<p><u>Question and Answer</u> - Responding to someone's movement (question) with another (answer).</p>		<p><u>Canon</u> - Taking it in turns to perform a movement. EG the Mexican wave!</p>	
<p><u>Action and reaction</u> - Responding to someone's movement with another.</p>		<p><u>Unison</u> - Performing actions at the same time.</p>	
<p><u>Control</u> - Your body is carefully doing what your mind is telling it to.</p>		<p><u>Repetition</u> - Repeating movements.</p>	