

What should I already know?

- Show some control when catching a ball.
- Send a ball by pushing, throwing, rolling or kicking.
- Move freely with pleasure and confidence.
- Follow simple instructions.
- Show understanding of safety rules.

Gems of KnowledgeWhat will I do?

- Explore to different ways to move, use and send the ball.
- Develop skills such as sending an object to a target.
- Catch, gather and roll.
- Move to defend a goal.

What will I know?

- Understand how to play in a safe way.
- Describe why running and playing games is good for you.
- Watch, copy and describe others' play.

Netball involves two teams (against each other), trying to get the ball into their net.



**FOCUS -
Throwing and Catching**

Vocabulary

<p>Aim - Send the ball to where you want it to go (target).</p>		<p>Direction - The way in which something is moving towards.</p>	
<p>Control - Keeping the ball close to you.</p>		<p>Send - Release the ball to go to someone else. EG - throwing, kicking or rolling.</p>	
<p>Gather - Collect and object by stopping, catching or picking up.</p>		<p>Awareness - Knowing what is happening around you.</p>	