

#### What should I already know?

- How to work well as a team to achieve success.
- The importance of leading healthy, active lifestyles.
- Know the importance of warming up and being to create my own.

#### Gems of Knowledge

##### Procedural Knowledge -

- Develop my communication skills.
- Develop my problem solving skills.
- Follow instructions and develop orienteering skills.



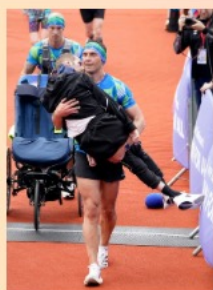
##### Declarative Knowledge -

- The importance of talking to my peers to achieve success.
- How to use a key and develop my map skills.
- Be creative in solving solutions to problems.

### Terrific Teamwork



The Brownlee Brothers



Rob Burrows  
and  
Kevin Sinfield

### FOCUS - Orienteering and team work

#### Vocabulary

<p><b>Communication</b> Giving and receiving information.</p>		<p><b>Orienteering</b> Navigate around a course and using a map.</p>	
<p><b>Problem solving</b> Manage your emotions, don't give up and keep going until you find a solution.</p>		<p><b>Navigation</b> Plan and follow a route. Understanding where you are and where you need to go.</p>	
<p><b>Persistence -</b> Not giving up, even when things get tricky.</p>		<p><b>Endurance -</b> Sustained effort.</p>	