

CYCLE B: Teachers	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 1	SUMMER 1	SUMMER 2
	Invasion Games	Gymnastics	Gymnastics	Net and Wall	Striking and fielding	Striking and fielding
NURS/ REC	SEE CONTINUOUS PROVISION PLANNING					
YEAR 1 / 2	Football Developing control [Develop fundamental movement skills]	Gymnastics Agility and balance [Develop agility, balance, and coordination].	Gymnastics Travelling and linking shapes [Develop agility, balance and coordination]	Volleyball Throwing and catching [Develop technique and control]	Cricket Ball control [Develop fundamental movement skills]	Rounders Striking [Develop fundamental movement skills]
Year 3 / 4	Football Blocking and Marking Receiving and sending [Develop a broader range of skills]	Gymnastics Creating sequences of movement [Develop balance]	Gymnastics Balances [Develop balance]	Tennis Cooperative rallies [Develop technique and control]	Cricket Striking [Develop a broader range of skills]	Rounders Striking [Develop a broader range of skills]
Year 5/6	Tag Rugby Attacking [Apply a broader range of skills].	Gymnastics Adapting level and speed Adapting level and speed [Link skills to make actions and sequences of movement]	Gymnastics Level, speed and direction [Link skills to make actions and sequences of movement]	Badminton Cooperation and targeting [Develop technique and control]	Cricket Bowling, fielding and batting [Apply a broader range of skills]	Rounders Strike with an Implement [Apply a broader range of skills]

Key

Theme/sport

Skill

National curriculum coverage