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| CYCLE A:TEACHERS | **AUTUMN 1** | **AUTUMN 2** | **SPRING 1** | **SPRING 1** | **SUMMER 1** | **SUMMER 2** |
|  | Invasion Games | Dance | Dance | Net and Wall | AthleticsTrack | Athletics Track |
| NURS/REC | See continuous provision planning |
| YEAR 1 / 2 | **Handball**Ball control [Develop fundamental movement skills]  | **Dance**Movement Patterns[Perform dances using simple movement patterns] | **Dance**Movement Patterns[Perform dances using simple movement patterns] | **Dodgeball**Throwing & Catching[Apply skills to a range of activities] | **Athletics**Coordination and movement[Develop fundamental movement skills] | **Athletics**Running, jumping and throwing[Develop fundamental movement skills] |
| Year 3 / 4 | **Netball**Blocking, Marking, Receiving, and Sending [Develop a broader range of skills]  | **Dance**Varied Movement Patterns[Perform dances using a range of movement patterns]. | **Dance**Varied Movement Patterns[Perform dances using a range of movement patterns] | **Dodgeball**Aiming and dodging [Develop technique and control]  | **Athletics**Running, sprinting, jumping, and throwing-[Compare and improve performances with previous ones to achieve their personal best]  | **Athletics**Running, sprinting, jumping,and throwing[Use skills in isolation and combination] |
| Year 5/6 | **Football**Attacking and defending[Apply a broader range of skills]  | **Dance**Performance of a dance[Perform dances using a range of movement patterns]  | **Dance**Performance using a range of formationsAdapting level and speed [Link skills to make actions and sequences of movement] | **Tennis**Cooperation and targeting[Develop technique and control]  | **Athletics**Running for speed and distance[Evaluate and recognise their own success] | **Athletics**Passing and communicating [Enjoy competing with each other]  |

**Key**

**Theme/sport**

Skill

National curriculum coverage