

What should I already know?

- Explore and copy basic body actions and rhythms.
- Negotiate space, using appropriate strategies.
- Use your bodies to respond.

Gems of Knowledge



What will I do?

- Show control when sending and receiving the ball.
- Shoot successfully at a goal or target.
- Recognise space in games and use it to your advantage.

What will I know?

- Have simple plans that you can make work. For example, where to stand to make it difficult for your opponent.
- Describe what you have seen others do.
- Identify what skills you need to practice.

Handball is a team sport. Two teams of 7 players (including a goalkeeper) use their hands to pass the ball to each other with the aim of throwing the ball into the opponent's goal to score. Players can bounce the ball to dribble, but can only make 3 steps when holding the ball.

FOCUS -

Develop fundamental movement skills - Ball Control.

Vocabulary

<p>Ball Control Keeping the ball close to you and getting it to move where you want it to go.</p>		<p>Dribble. - Manoeuvring the ball whilst travelling.</p>	
<p>Send - Getting the ball away from you by throwing, rolling, kicking etc.</p>		<p>Free Space - An empty space available for you to move into to help you stay in control.</p>	
<p>Receive - The ball coming to you I.E. Collecting, gathering or collecting the ball.</p>		<p>Pass - Throwing the ball to another person.</p>	