

What should I already know?

- How to move fluently, showing speed and direction.
- Move in order to catch a ball.
- Show some tactics to help my team to stay in control.
- Show basic control of an object.

Gems of Knowledge

What will I do?

- Show awareness of others when playing games.
- Become confident with my fundamental movement skills.
- Throw and hit the ball in different ways. EG - high, low, slow, fast.
- Catch, gather and hit the ball with accuracy.

What will I know?

- React to others' actions and show simple tactics.
- Recognise what I am doing well.
- Understand and follow safety rules when preparing to exercise and carrying out exercise.






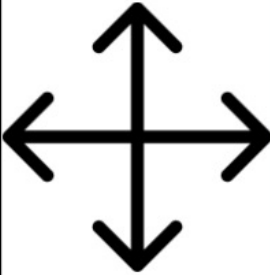
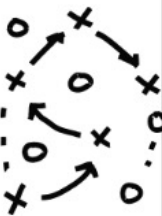
Did you know?

Rounders is similar to cricket because the ball is struck with a bat. However, in rounders you can only hold the bat with one hand instead of two!

FOCUS -

Develop fundamental movement skills
Striking and ball skills

Vocabulary

<p>Ball Control Keeping the ball close to you and getting it to move where you want it to go.</p>		<p>Equipment - Objects that you use when taking part in a sport/exercise.</p>	
<p>Strike - hitting an object with control to send it.</p>		<p>Free Space - An empty space available for you to move into to help you stay in control.</p>	
<p>Tactics - Carefully planning your actions.</p>		<p>Accuracy - Showing control. Getting yourself or the ball to where you want it to go.</p>	