

Knowledge and Understanding

- Children to look carefully in a mirror and observe their features.
- Sequence photographs of development from a baby to an adult.
- Discuss their birthday and talk about the different months of the year.
- Decorate a biscuit to look like themselves using different ingredients.
- Label different parts of the body.
- Take photographs of the children in different play areas to show how they use their bodies.
- Play in the home role-play area with a birthday theme.
- Try different foods and say which ones they like and dislike.

Communication, Language and Literacy

- Read a wide range of books to the children.
- Children to recognise their name and use it for self-registration.
- Make a body book all about their own appearance.
- Role-play in small groups a birthday party. Write birthday cards and invitations.
- Listen to the rhymes 'That's my Face' and 'Once I Was A Baby'.
- Sing songs about their body - 'Head, Shoulders, Knees and Toes,' 'One finger, one Thumb' etc.



Physical Development

- Play games that encourage the children to talk about the different parts of their body e.g. Simon Says.
- Dance along to Sticky Kids.
- Hand and eye co-ordination - cutting, sticking, mark making, malleable skills.
- Large and small scale construction.
- Children encouraged to use a variety of tools and equipment inside and outside.

All About Me - Self Identity

Personal, Social and Emotional

- Discuss the children's similarities and differences e.g. likes/dislikes, hair/eye colour.
- Discuss what the children can do now that they couldn't do as a baby.
- Circle time - children to discuss their friends and why they like playing with them.
- Select an activity of their choice
- Be confident to try new activities
- Take turns and share resources.
- Change socks and shoes independently before and after P.E.

Problem Solving, Reasoning and Numeracy

- Measure and compare the children's heights. Introduce vocabulary - tallest/shortest.
- Compare the different sized hand and foot prints. Introduce vocabulary - biggest/smallest.
- Sing number rhymes including the numbers 1 to 10.
- Discuss how old the children are. Make a birthday card and write the correct number on it.
- Count the number of candles on the birthday cake.

Creative Development

- Paint a self-portrait.
- Make hand and foot prints - use to make a height chart in the classroom.
- Decorate a biscuit to look like themselves.
- Make a model of themselves using play dough.
- Make a junk model birthday cake.
- Decorate a friendship bracelet.
- Sing head, shoulders, knees and toes. Encourage the children to make up a new version of the song.
- Make sounds with their body e.g. clapping, slapping, stamping, tapping and rubbing.
- Cut and stick using old birthday cards.

